



PERFECTLY PORTIONED FITNESS - PPF TRACK SQUAD

2017 Tentative Schedule

MEET	LOCATION	CITY	DATE
Atlanta Georgia Relays	Langston Hughes HS	Fairburn, GA	May 28
USATF NC Masters State Games	NC A&T University	Greensboro, NC	June 4
Jim Law Invitational	UNC Charlotte	Charlotte, NC	June 16
USATF Master Outdoor Championship	Bernie Moore Track Stadium, Louisiana State University	Baton Rouge, LA	July 13
State Games of America	East Kentwood High School	Kentwood, MI	Aug 3

Age divisions for individual events:

30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69

Age divisions for relays are 10 year increments.

Athletes must compete in his/her age division.